

A newsletter from the Nanaimo Child Development Centre

August 2009

25th Silly Boat Regatta Sets Record!

On behalf of the staff, friends, families and Board of Directors of the Nanaimo Child Development Centre we would like to thank our sponsors, particularly our Presenting Sponsor, Coast Capital Savings, as well as the many teams, donors and invaluable volunteers for making the 25th Anniversary of Silly Boat possible and believing in the vision of a community for all to participate in.

The Centre provided services to 1720 children and their families last year and will have served their 10,000th child in the very near future. Through community assistance we hope to achieve our goal of eliminating the waitlist by 2010 and providing the highest quality of early intervention for the children in our community.

Our thanks to all those who joined us as we celebrated 25 years of Silly Boat history! 10,000 spectators/participants enjoyed the camaraderie and rivalry of boat building, the fun and laughter that goes along with watching over 50 teams battle the clock and the elements, as well as all the fun-filled activities throughout the park. It is through the support as a community that over **\$107,000** was raised—history in the making! Mark your calendars now for Silly Boat 2010 (Sunday, July 18th).

coastcapital SAVINGS Presents
Silly Boat Regatta
Maffeo Sutton Park, Nanaimo
July 18 - 19, 2009
25th Anniversary

www.sillyboat.com Artwork based on a drawing by Pabblina, Age 7, L'Acadie Orleans

PRESENTING SPONSOR — **coastcapital SAVINGS** — **PLATINUM SPONSOR** — **Team Shark Takes ROMA**

— Children's Tent Sponsor — **McDonald's** — **Major Food Sponsor** — **TRUFFY FOODS** — **Entertainment Sponsor** — **ADAMSON** — **Mini Regatta Sponsor** — **MOOSEHORN CENTRE** — **Gold Sponsor** — **CO-OP**

— **VISIONARIES EYE CARE** — **SILVER SPONSORS** — **NANAIMO NORTH** — **WHS & WESTALL** — **CITY OF NANAIMO** — **CO-OP** — **UBI URUBI CO-OP**

— **WAVE** — **WAVE** — **NEWS Bulletin** — **Y3** — **United Rentals** — **BC Ferries** — **COAST CRUISES** — **PAW PAW**

Inside this issue:

Opening Doors & H.U.G. Campaign	2
What's Happening at the NCDC	3
2009 AGM & Donor Recognition	3
Who's On Board & Department Feature	4
Donor Recognition	5
Family Corner	5
Hello & Goodbye!	6

What's UP!

- "Opening Doors" Friday, October 16, 2009—Coast Bastion Inn
- H.U.G. Campaign— See Page 2 for details
- Looking for Bingo Volunteers for 2009/2010
- Sunnyhill Seating Clinic - January 2010
- Mark your calendars now for Silly Boat—July 18, 2010



“OPENING DOORS” & H.U.G. (HELP US GROW) CAMPAIGN

Please join us for our 4th annual “Opening Doors” an evening of fun, fundraising and celebration. We are repeating last years “Let’s Make a Deal” game show theme.

Please come dressed up (crazy costumes encouraged) or dressed down. Enjoy the humor and inspiration of Bruce Williams (‘A’ British Columbia) as our emcee. We’re sure to have an evening of fun with all proceeds benefiting the children. There will be [Silent & Live Auctions](#) throughout the night! Also Included: [A Key to Opening Doors Raffle](#) with 150 keys sold (\$20.00 each) – one key will open the door to a fabulous prize!



OPENING DOORS!

October 16, 2009

Coast Bastion Inn

Doors Open: 6:30 PM

Dinner: 7:00 PM

Guest Speakers: Plasteras Family

“Let’s Make a Deal” Game Show theme

Silent/Live Auction

Tickets: \$80 each

\$750 / table of 10

We are also kicking off our exciting [H.U.G. \(Help Us Grow\) Campaign](#). In an effort to help address the waitlist here at the Centre (346 children waiting an average of 12 months for some services) we will purchase two modulars to be placed on the site. This workplace expansion project will provide assessment rooms and education and training space in order to ensure services to children with identified needs. The funds raised through this campaign will go towards this expansion project.

Our campaign kickoff starts off with the introduction of our Non-Event Event: “[Pay It Forward](#)”. Okay... so why would anyone buy a \$20 ticket to a non-existent fundraising event? Because there are a lot of very busy people who are willing to support a good cause but don't have the time, energy, and/or interest to go to one more fundraising dinner. Purchasing a “ticket” to a “don't come” event lets you support a worthy cause while relaxing at home. The purchase of the ticket includes the choice of a copy of the DVD movie “Pay It Forward” (PG-13) or “Finding Nemo” (G) as well as a package of microwave popcorn.

“Attendees” are encouraged to have a family night and stay home and watch the movie with their families. We hope you will join us! For further information on both events contact Michelle at (250) 753-0251 Ext. 227 or email michelle@nanaimocdc.com.

What's Happening at the Child Development Centre

Parent & Infant/Toddler Drop In Playgroups (By donation)

Time Together Playgroup - Fridays, 10:00-11:30 AM Sept. 12-June 11, 2010 - located at Brechin United Church, Contact: Stephanie Cameron (250) 753-0251 Ext. 248 for further details

Cinnabar Playgroup - Tuesdays, 10:00-11:30 AM Sept. 15—June 15, 2010 -located at Cinnabar Elementary, Portable #3, 1800 Richardson St, Contact: Angi (250) 753-0251 Ext. 259 for further details

Promoting Education

The Hanen Early Language Parent Education Programs: It Takes Two to Talk; More Than Words.

It Takes Two to Talk – Family focused program for parents of young children who are delayed in their language development. The program recognizes the importance of involving parents and the need to help children and families as early as possible in a child's life. **Hanen More Than Words** – Family focused parent training for helping a child with an Autism Spectrum Disorder. (These courses run 11 weeks).

Early Words; Talk and Play: Each of these two language groups help children to develop emerging language skills (Early words) and early language skills (Talk & Play) in fun, interactive group settings. Parents learn strategies and participate in the group activities and then are encouraged to practice these new skills at home over the course of 6 weekly group sessions. Contact: Kathy Armstrong (250) 753-0251 Ext. 237 for further details. All Courses offered throughout the year, based upon sufficient enrolment.

Parenting Classes: Parenting Wisdom, Living With Challenging Behaviours Ages birth—6 years and Ages 7-12 years and Triple P Parenting Ages 2-6 Contact: Nicole (250) 753-0251 Ext. 286

2009 Annual General Meeting & Donor/Volunteer Recognition

Peace Begins With Me!

A wonderful afternoon was spent recognizing those who have so generously donated to the Centre this past year as well as recognizing the many volunteers that have assisted both here at the Centre and out in the community. All who attended enjoyed the special message of peace shared by our guest speaker, author, Ted Kuntz. Speaking from the heart, he shared from his book *'Peace Begins With Me'* how his inspirational journey to end suffering and restore joy can work in our lives.

(Excerpt from Peace Begins With Me)

The following is a conversation between an elderly grandfather and his grandson:

“Grandson there are two wolves fighting in my heart. One wolf is angry and vindictive, and wants to hurt others. The other wolf is kind, compassionate, and loving.”

“Grandfather,” replied the anxious grandson, “which wolf will win the battle of your heart?”

The wise elder replies, “The battle of my heart will be won by the wolf that wins the battle of every man's heart—it is the wolf that I feed.”

As we strive to feed the “positive wolf”, we will feel an increase of love and joy in our lives and that influence will extend to all those whom we come in contact with.

Celebrating Board and staff recognition was also a highlight of the day. R. Meyerhoff (Board President) presented commemorative NCDC bear pins & pendants to staff members:

Desiree Webber & Pam George, 10 years of service

Gayle Anderson, Betty Bugley, Penny Der, Fran Hawker, & Estella Stennes, 5 years of service

Board members Ralph Meyerhoff & Laura Addison received recognition for 5 years of service.

AGM highlights:

Michael Robinson was elected as President, Graham Ramsay as Vice President and Jean-Marc Jaquier as Treasurer.





Who's On Board!

Board Members

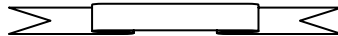
Michael Robinson, President
 Graham Ramsay, Vice-President
 Jean-Marc Jaquier, Treasurer
 Ralph Meyerhoff, Past-President
 Laura Addison, Director

Mindy Coles, Director
 Jane Eade, Director
 Stu Hopewell, Director
 Trish Joly, Director
 Blake McGuffie, Director
 Chuck Poschenrieder, Director

Stuart (Stu) was a member of the Leadership Nanaimo Team that helped to organize the 1st Opening Doors Gala event four years ago to help raise awareness for the CDC and feels that the most important part of his association with the CDC is that we are all working to help children. "We can all change a child's life with a little support and/or therapy as the CDC did for me when I was a small child."

Knowing first hand the difference that receiving early intervention services can make is a vital reason Stu joined the Board. The fact that there is a waitlist for children to receive services is a challenge right now. One way to get those numbers down or eliminated is to expand the Centre and increase the ability to provide services to more children.

The Board has approved an expansion on site utilizing two modulars to increase work space. Using his past experience in the construction field to help with the modular expansion is a main focus for him right now. Stu feels we "can save some valuable funding by using construction contacts and asking for some donations to get this up and running.. Everybody involved with the CDC needs to be willing to discuss the importance of the work that is done here. The more people that we can talk to, the more people will understand that importance."



Speech Therapy Department

The Speech-Language program's focus this past year has been to provide comprehensive services to children and their caregivers from the earliest point in time through the following actions and innovative solutions:

- Increased staffing levels through contracts and fundraising
- Successful introduction of a Speech-Language Assistant pilot program
- "Early Words" and "Sounds Like Fun" group education programs for caregivers and children
- Parent education program: Hanen "More Than Words" program for Parents of Children with Autism Spectrum Disorder

At a community level, there has been an enhanced sharing of resources through our partnership with the Vancouver Island Health Authority Speech-Language services in ways that have further reduced the waiting time for families.

Giving back to our profession is also a priority that has been realized through the clinical supervision of a student practicum placement, involvement in a pilot e-mentoring project, and participation on the Provincial SLP Council for Early Child Development.

(Front L-R) Katie D, Kathy A. (D/L), Jo F.
 (Back L-R) Carin B, Robyn T., Tracy S.



Are You a Member Yet?

Membership to the Nanaimo Child Development Centre has never been easier. **100% of the proceeds** of your \$20 membership fees goes directly to fund programs and services here at the Centre? Simply drop in to the Centre and ask at the front desk or download the printable form found at: www.nanaimocdc.com. **Membership fees are tax deductible!**



Our Donors Make a Difference....

We have hit records in many of our fundraising initiatives this year. Silly Boat, led by Presenting Sponsor Coast Capital Savings topped the list by raising over **\$107,000** with incredible community support! Fairview Community School once again stepped up to the challenge and donated over \$800 through their annual coin drive. We would like to express our thanks to students; Aimee, Christie, Kyra & Maris from Ladysmith Secondary School who participated in the Youth and Philanthropy Initiative. Their successful efforts in making a presentation about the Centre to the judging committee resulted in the Toskan Casale Foundation Grant of \$5000 being awarded to the Centre. This is truly a wonderful example of how caring, involved youth can and do make a difference in our community!

Great appreciation goes out to the Fraternal Order of Eagles # 15 and #2101 for their continued support this year.

Many families benefit from the donations made by the Nanaimo & District Shrine Club #10 through their generous donation for therapeutic equipment. Their efforts to support families extends to providing transportation to/from medical appointments through their Care Cruiser Program. Call 1-800-661-KIDS (5437) for further information on their patient transportation program. Our heartfelt thanks go to the many Individuals, Businesses and Service Clubs who have so generously donated to the Centre – too vast a list to mention all by name.



Members of the Shrine Club #10 visit the Centre



Family Corner!



The following poem was written by the 16-year-old sister of a child recently assessed by the CDBC Program. He was diagnosed with ASD after many years of struggling through the medical and school systems. This poem was written before diagnosis was clarified.

WORLD by Laura

We're different, me and then you.
I learned to contain my world.
But how can you train your universe?
A writer has paper; a director, the screen.
But these fail you, they cannot hold your mind's oceans.
I know it's hard, when you're bound.
What the world requires is your poison,
The thrill of the social game hurts you.
The routine of the classroom is draining.
I understand. The world is your canvas,
Mine too. Thoughts spill over mind's walls,
They fill our lives. Looking from the window you're here,

But your dreams run on.
They run, into the horizons of your worlds, escaping the limits of here.
Like the discomfort of being kept from sleep.
Then, to finally, close your eyes.
You eagerly share your worlds, a little too eagerly.
They listen, but concern lies behind smiling eyes.
You're told to stop, desert your kingdom. But how do you dam the river?
Tame the lion? The scolding and fretting discourages you.
Will mind's spark become soul's shadow?
Know I understand. You're not alone.
Little brother.

If you have something you would like to share, please let us know... michelle@nanaimocdc.com

A newsletter from the
Nanaimo Child Development Centre

Nanaimo Child Development Centre Society
1135 Nelson Street
Nanaimo, BC
V9S 2K4

Phone: 250-753-0251
Fax: 250-753-5614
info@nanaimocdc.com

Mission Statement

Promoting optimum child development by
serving children with developmental needs
and their families.



Carol Webber Executive Director
Pam McAdam Program Director
Dino Tsembelis Resource Development

YES, I want to help a child in my community.

I'm pleased to support the Nanaimo Child Development Centre with my donation
of: \$25 \$50 \$65 Other \$ _____ or

Membership at \$20 (tax deductible)

Yes, I would like to put my name on your Donor Wall (Donor Wall donations
start at minimum donation of \$500. Please call Michelle Kocourek at 753-0251 Ext 227)

Cheque (please make cheque payable to the Nanaimo Child Development Centre)

Card Number _____ Expiry _____

Visa

Mastercard

Monthly donations urgently needed... I'd like to spread my donation throughout the year.

Please debit my account each month (enclose a Void Cheque).

Twelve equal payments of \$ _____ : Total:\$ _____

Name _____

Address _____

City _____ Postal Code _____

Phone _____ Email _____

All donations made to the Nanaimo Child Development Centre are tax deductible

Your support means so much to so many children!



Hello & Goodbye! Staffing Changes at the CDC!



We welcome to the CDC staff:

Staff in Centre: Allison Price (OT), Heather Gillespie (OT), Judy Gallacher (Finance), Kathryn Dawlings (SLP), Breanne Daudrich (OT), Marilou Schwager (Housekeeping),

SCD Staff: Talissa Cervo, Currin Windecker, Jordan White, Graham Raynor, Tamara Ireland, Leanne Humphrey, Crystal Howell, Zachary Abbott, Kirsten Milholm

We say goodbye to:

Shelly L'Green (OT), Katie Devine (SLP), Melissa Carrigan (Admin), Kaitlyn Routledge (OT)

Did you know....

- The CDC opened in 1967 serving 7 children.
- 43% of our referrals come direct from family members.
- We received 1722 referrals this fiscal year.
- 67% of parents who attended "Parents As Sound Helpers" parent/caregiver training reported being able to support their child's speech development goals as a result.
- We will have served our 10,000th child in the coming weeks?